



WILLOW CANYON FIRST WARD

MARCH 2007

PRAYER

BISHOPRIC MESSAGE

There are many different settings that we pray in and many different reasons to pray. We pray over our food. We pray together as families, congregations, classes, and groups. We pray in the quiet moments of our lives, and that can be anywhere from work or school to the side of our bed and lots of places in between.

Most of us were taught to pray from the early years of our lives. Children seem to grasp the concept well that we have a Father in Heaven who loves us and wants to hear from us. Their prayers are almost instinctive and truly come from the heart. Being humble and submissive are childlike qualities that are too often lost on us adults as we grow up in a cynical and pressure filled world. Our ability to submit to the will of the Lord sometimes can be made difficult by these pressures, which in turn can make it hard for us to develop a stronger relationship with Heavenly Father through our prayers. Elder Neal Maxwell said:

"The submission of one's will is really the only uniquely personal thing we have to place on God's altar. The many other things we 'give', are actually the things He has already given or loaned to us. However, when you and I finally submit ourselves, by letting our individual wills be swallowed up in God's will, then we are really giving something to Him! It is the only possession which is truly ours to give!"

This may be an easy concept to understand but sometimes very hard to apply. The Savior said, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you"(Matt. 7:7) As a bishopric we know that this promise from the Savior will be effected in our lives as we pray applying the counsel given by Elder Maxwell. May our ward continue to be blessed collectively and personally through the prayers of its faithful members.

Your bishopric

YOUNG MEN AND YOUNG WOMEN

"LIVE THE BOOK OF MORMON IN A NIGHT"

Yea, we cry unto thee and thy YM and YW Ward leaders to hearken unto our words and plan to go forth to the stake center on Wednesday, May 2nd 2007 at 5:30pm sharp, where ye shall feast upon a choice dinner and thereafter, gather together in a joyful throng to portray the proceedings of the Book of Mormon. And it shall come to pass that if ye do not this, yea shall be exceedingly sorrowful that ye missed it! O, be wise, and be there. What more can we say? (Other than WE'LL SEE YOU ON MAY 2ND!) Questions? Call Sister Chris Rasmussen, 576-9591

We will give ourselves continually to prayer. Acts 6:4

President Gordon B. Hinckley

"I feel satisfied that there is no adequate substitute for the morning and evening practice of kneeling together—father, mother, and children. This more than heavy carpets, more than lovely draperies, more than cleverly balanced color schemes, is the thing that will make for better and more beautiful homes."

GOSPEL DOCTRINE

CLASS

Mar 4 Mark 1-2: 4:35-41: Luke 7:11-17

Mar 11 Matthew 5

Mar 18 Matthew 6-7

Mar 25 Matthew 11:28-30 12:1-13; Luke 7:36-50; 13:10-17

MUSIC



The Theme for March is Prayer. This month we will get a chance to sing many of the beautiful hymns about Prayer. The Hymns invite the Spirit of the Lord, and create a feeling of reverence. Songs about Prayer bring us spiritual nourishment. Some are familiar so their message can almost become lost, as we sing them. Concentrate and internalize as we sing. Know that the song of the Righteous is a prayer unto our Father in Heaven, and it shall be answered with a blessing upon our heads.

FOOD STORAGE

“Every Needful Thing”

Oats...Oats...Oats

Each #10 can at the Dry Pack Cannery is \$1.84 and holds 2.8 lbs.

How much rolled oats do you need for your family for a year?

Child age 1-6	22 lbs.
Female age 6-10	24 lbs.
Female age 11-16	29 lbs.
Female age 17+	27 lbs.
Male age 6-16	50 lbs.
Male age 17+	50 lbs.

Our next Dry Pack Cannery day is Friday March 16, 1:00 - 5:00 pm. We continue to encourage members to store sufficient food, clothing, and, where possible, fuel for at least one year. We suggest that members concentrate on essential foods that sustain life, such as grains, legumes, cooking oil, powdered milk, salt, sugar or honey and water. Most families can achieve and maintain this basic level of preparedness. The decision to do more rests with the individual.

(First Presidency Ensign, Oct. 1988, 80)

Granola

5 c. oatmeal	½ c water
1 c. brown sugar	¼ c. oil
1 c. coconut	1 Tbsp. vanilla
1 c. wheat germ	¼ tsp. salt

Combine liquid ingredients and brown sugar. Pour over the dry ingredients. Stir well. Put in cookie sheet. Bake 1 hour at 325 degrees turning every 15 minutes. (Variations: sesame seeds, sunflower seeds, raisins or any dried fruit, sliced almonds.)

WARD TEMPLE DAY

Go to the temple anytime during the day of March 9th.

There is no organized plan. During the day is less busy.

RELIEF SOCIETY

A big thank you to Darlene Visser for her many years of service as Compassionate Service Leader. We love her and wish her well in her new calling. The Relief Society Birthday Party is **March 14, 2007**. Come join us for a Round the World Birthday Party.

Visiting Teaching interviews will be **March 11**. Sign up for a time that is good for you on **March 4th**; we start in the morning and go to 11:00 and start again after 4:30.

Brooke Allen's wedding is **April 7th**. She is going to marry Brian Smith in the Salt Lake Temple.

Look for information about the **LUNCH BUNCH** for March in the Relief Society announcement sheet on Sundays. Everyone is invited and we do have a good time.

PRIMARY

The Primary theme for the month of March is: My faith in Jesus Christ grows when I follow His example and keep His commandments. The monthly scripture is from 2 Nephi 31:12: "Follow me, and do the things which ye have seen me do." This month the children will be working on the third Article of Faith with the goal in mind that they will know all 13 AOF by the end of the year. Parents can help reinforce this by reciting them as a family during your regular FHE. As they have them learned they can pass them off to a member of the Primary Presidency or their teacher.

After two for Jr. and three for Sr. are learned and passed off, they will be eligible to chose a surprise from the AOF Jar at the quarterly activity days.

We want to welcome Julie Bawden as a new teacher in the Primary Organization. She will be working with Connie Baker in the Sunbeam class. We are grateful to have her join us and are also grateful to all the wonderful teachers that work in Primary.

We especially enjoyed sharing times last week that were given by the teachers and children in their class. Rex Cook and Brandon Pasker had a fishing pond with a real fishing pole. The children caught fish with stories from the scriptures written on them. It was fun to hear the children tell the stories. Stefanie and Drew Kimball gave a wonderful presentation about the Plan of Salvation.

Thanks to the Cub Scout Leaders for all their work on the Blue and Gold Banquet held this past week. Everyone involved enjoyed it and had a good meal. Joey Day was the winner of the Limbo Contest and it was truly amazing how low he could go. Good job Joey!

We are looking forward to a Primary Activity in March. More details will be coming later.

If any of the Primary parents or teachers have not given their e-mail address to Nancy, they can send it to her at

Information about Primary will be sent periodically as needed to the parents.

We are glad to welcome three children to our Primary--Alex, Christian and Erica Diaz. It is nice to have new children in our group.

ENRICHMENT

Walking at the Ward- watch poster for time.

March 14th Relief Society Birthday Party-
Come ready to have fun. Celebrate Sister-hood around the world with international food and activities. We are going to Parrrr-ty.

Lunch Bunch-We are in need of a volunteer to choose a date, time and place for this month's lunch bunch. Also if you'd like to volunteer for another month let us know. Also, do we need a lunch bunch for later in the afternoon? Feedback needed!! Please!!

Book Review 1776-March 29th 7:00pm
Place-TBA (it depends on the number coming)
If you haven't read the book start now and come and join us. We will also choose the next book that night.

Susan Alexander and Laura Woodhouse are available to help anyone with family histories. Contact them for a time.

There will be a poster outside the Relief Society Room each week with a reminder of the month's activities. Check there for more information.

We would also like your suggestions for things you'd like to learn, do, or need help with. It can be for one person or for a group. There will be a paper on the clip board each Sunday in Relief Society. We will also try to visit Primary and Young Womens. Thanks to all of you for your support. You are great people!

YOUNG WOMEN

Thanks to each and everyone that helped make our New Beginnings night a great success and so very special to each of our young women. We appreciate all the support that we receive from the parents. We enjoyed a fun evening during our combined activity with the young men and young women last month. The etiquette dinner was a huge success and learning experience for both the young men and women. The girls

wore their formal dresses and the boys dressed up in clean shirts and ties. The boys can really clean up when they want to. Girl's camp will be held July 10th through July 13th so mark your calendars now so that we can have 100% participation. The young men and young women combined activity is planned for March 20th so bring your broom and plan to play some wild and crazy "broom hockey".

PARENTS & YOUTH

DATES FOR THE UPCOMING CAMPS. Prepare Now!

Fathers & Sons outing May 18-19 at the Willows/Lehi invite your married sons & children for a reunion and fun. Bring your own dinner, breakfast will be provided. Head count needed asap.

Boy Scouts June 11-16 at

Maple Dale Camp ground/Payson canyon

Youth Conference June 28-29-30 Camp Williams/Great fun! & close.

Priests-July 10-11-12 Bryce canyon

Varsity Scouts (Teachers) July 30-Aug 4 Bear Lake \$170.per boy.
Boys to earn their own money so start now!

Girls Camp Will be in July 10-13th

MISSIONARY ADDRESSES

Elder Steven Leshar
5302 75th St #401
Lubbock, TX. 79424

Elder Leonardo Sagebin
Minnesota Minneapolis Mission
5931 Wes 96th St.
Bloomington MN. 55438-1715

Elder Robert / Sister Andrea Marx
Micronesia Guam Mission
P.O.Box 21749-GMF
Barrigada Guam 96921

Elder Mark Fairclough
PMB 157
P.O.Box 439056
San Diego, CA. 92143-9056

Many Thanks to the Young Women who so thoughtfully gave some of the ward members a **HEART ATTACK** for Valentines. It was fun and very much appreciated.

SERVICEMEN

Sr. A. William Schmitt
Send all correspondence to the Schmitt home until further notice.

Sr A Aaron Greenwood
USAF 332 EOSS/OSAR
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Aaron.Greenwood@blab.centaf.af.mil

MARCH BIRTHDAYS

HAPPY BIRTHDAY

3 Erika Weight
7 Kyle Guest
10 Maren Schmitt
13 Eliza Rigby
14 Susan Johnson, Jamie Rigby
16 Charlene Farr
18 Richard Rawlings
19 Stefanie Kimball
20 Debra Smith

21 Eduardo Sagebin
22 Rebecca McLain
23 Kristy Jones
24 Kevin Pasker
26 Allison Milne,
27 Hannah Greenwood
28 Brandon Pasker
29 Susan Milne, Barbara Pasker, Stanley Simpson

EMPTY NESTERS

Will meet this month at the home of Marilyn Crapo. Come join us! March 12 7pm.



March 2007

Pages

SIBA = Stake interviews by appointment 576-2991
 General Conference is March 31 & April 1st and Easter is
 April 8th.

				1 SIBA	2	3 Stake Baptism
4 Fast Sunday ---- CES Fireside for Young Adults---- Stake Adult Fireside 7pm	5 FHE	6	7	8 Scout Roundtable 7:30pm SIBA	9 Ward Temple Day Anytime all day	10 YM-YW Regional Dance..Gra nite So. Stake 2128 E. Gyrafalcon Dr. Reset Clocks
11 Daylight Savings time begins	12 Empty Nesters at Crapo's 7pm	13	14 Relief Society Birthday Party	15 SIBA	16 DRY PACK CANNERY 1:00PM to 5:00PM	17 Wearing of the Green Day. Happy St. Patricks Day
18	19 FHE	20 ITEMS FOR NEWSLET TER DUE TODAY 1st day of Spring. YES!!!!	21	22 SIBA	23	24 General Young Womens Meeting 6:00pm
25 Fast Sunday ----	26 FHE	27	28	29 SIBA	30	31 GENERAL CONFERE NCE 10AM & 2PM