

WILLOW CANYON 1ST WARD NEWSLETTER

JANUARY 2009
HAPPY NEW YEAR



HAPPINESS/FAITH

BISHOPRIC MESSAGE

Dear Ward Members,

Here are our themes and scriptures which we will focus on during our sacrament meetings for the coming year. Our January theme of faith and happiness certainly go hand in hand. Try to find something each day that God has helped you with or has had His hand in. These daily experiences no matter how small, will sustain you through your challenges!

All our love, Your Bishopric

January	Faith/Happiness (2 Nephi 4:28-34) Awake, my soul No longer droop in sin. Rejoice, O my Heart, and give place No more for the enemy of my soul. Do not anger again because of my enemies....Rejoice O my Heart and say; O Lord I will praise thee forever; year, my soul will rejoice in thee, my God and the rock Of my salvation.
February	Keys of the Priesthood (D&C 132:7-8) All covenants, oaths, vows, performances,...that are not made and entered into And sealed by the Holy Spirit of Promise..there is never but one on the earth at a time on whom this Power and the keys of this priesthood are conferred...are of no efficacy, virtue or force...have an End when men are dead. Behold, mine house is a house of order, saith the Lord God..
March	Genealogy (D&C133:56-57) And the graves of the saints shall be opened; and they shall come forth and Stand on the right hand of the Lord..and they shall sing the song of the Lord, day and night Forever and ever. And for this cause, that men might be made partakers of the glories which were To be revealed, the Lord sent forth the fullness of his gospel, his everlasting covenant.
April	Humility (3 Nephi 4:28-33) And it came to pass that they did break forth, all as one, in singing, and praising their God for the great thing which he had done for them, in preserving them from falling into the hands of their enemies. And their hearts were swollen with joy, unto the gushing out of Many tears, because of the great goodness of God in delievering them out of the hands of their Enemies; and they knew it was because of their repentance and their humility that they had been Delivered from an everlasting destruction.
May	Restoration of the Gospel (D&C 84:2) Yea, the word of the Lord concerning his church, established in the last days for the Restoration of his people, as he was spoken by the mouth of his prophets, and for the gathering of his Saints to stand upon Mount Zion, which shall be the city of New Jerusalem.
June	Testimony (Alma 30:44) But Alma said unto him: Thou hast had signs enough; will ye tempt your God? Will ye say, show unto me a sign, when ye have the testimony of all these thy brethren, and also All the holy prophets? The scriptures are laid before thee, year, and all things denote there is a God; Yea, even the earth, and all things that are upon the face of it, yea, and its motion, yea, and also all The planets which move in their regular form do witness that there is a Supreme Creator.
July	Sacrifice and Obedience (D&C 132:50) Behold, I have seen your sacrifices, and will forgive all your sins; I have seen your Seen your sacrifices in obedience to that which I have told you. Go, therefore, and I make a way For your escape, as I accepted the offering of Abraham of his son Isaac.

August	Tithing, Fasting and Fast Offerings (3 Nephi 24:10) Bring ye all the tithes into the storehouse, that there may be meat in my house; and Prove me now herewith, saith the Lord of Hosts, if I will not open you the windows of heaven, and Pour you out a blessing that there shall not be room enough to receive it.
September	Resurrection/Atonement (John 11:25) Jesus said unto her, I am the resurrection, and the life; he that believeth in me, Though he were dead, yet shall he live.
October	Spiritual Gifts (1 Corinthians 12:7) But the manifestation of the Spirit is given to every man to profit withal.
November	Forgiveness (D&C64:10) I, the Lord, will forgive whom I will forgive, but of you it is required to forgive all men.
December	Miracles (2 Nephi 27:23) For behold, I am God; and I am a God of miracles; and I will show unto the world That I am the same yesterday, today and forever, and I work not among the children of men save it Be according to their faith.

FOOD STORAGE

EMERGENCY PREPAREDNESS

This month is the perfect time for cleaning out a closet, under the stairs, or just any spot you can to make room for your Emergency Supplies. Reclaim an area in one room that's not too hard to get to and it feels great to be more organized

And geared up for your needs.

In November we sold back packs to those who needed them and now we want to encourage you to fill them. We have a great 72 Hour List on line that you can look at if you're interested. <http://lds.about.com/library/bl/lpreparation/72-hour-kit.pdf> We are hopeful that everyone gets excited and do what they can to be ready. This year our goal is to JUST DO SOMETHING because it's better than saying "we should have."

Fortunately our Stake is putting on a Sandy Preparedness Expo on Saturday February 28, 2009 at 9:00AM to 12 Noon.

- Earthquake readiness Marilyn Hoff (Homeland Security)
- Sanitation/Disease prevention Lana Richardson (Author of Emergencies and How to Prepare for them)

Sandy City Preparedness/POD, FEMA Ken Kraudy (Sandy City Councilman)

Come and enjoy learning so you'll know what needs to be done and not be uncomfortable when the emergency hits.

Chyrel Cook & Gina Messerly

Dry Pack Cannery Wed Jan 21st 1-5 pm

Can whatever your little heart desires. Remember food is good and hungry is miserable.

EMPTY NESTERS Will be Jan. 12 th at 7pm at Merrill & Ronee Scotts home. We welcome any Empty Nesters to join us. We meet the 2nd Monday of each month.

SERVICEMAN
Bill Schmitt
E-mail
moonie94@hotmail.com

LET EVERY MAN ESTEEM HIS BROTHER AS HIMSELF. D&C38:2A

Sister Tiffany Pasker
Mision Chile Santiago Norte Conchalí Santiago, Chile
Forestal 2680 #32

or



Elder Kirk Jay Arnold
Sister Marie-France Arnold
1 ave General de Gaulle
Residence du Merville
Albi F-81000
France

MISSIONARY ADDRESSES

Elder Brian R. Morris
Washington Everett Mission
P.O.Box 13390
Millcreek, WA 98082

Elder Nathaniel Wells
.Germany Berlin Mission
Zerbster Strasse 42
12209 BERLIN
GERMANY

Sister Tiffany Ann Pasker
Chile Santiago North Mission
P.O. Box 30150
Salt Lake City, Ut 84130-0150
(Pouch mail)
No Envelope/ Fold sheet in
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RELIEF SOCIETY

If any of you know where the white round tablecloths are, please call Andrea Marx to let her know.

The Enrichment Committee would like to express their THANKS for all the support and help you gave with the projects last year. We finished 29 baby quilts for the Humanitarian Center, and along with the Primary gave over 500 items of food to the Utah Food Bank. We know all of these donations will be appreciated and used. A special thanks to Gayle Hansen for putting the quilt kits together and for quilting and finishing so many of the quilts herself. The young Women also tied and completed some of the quilts. It was a project that could not have been done without the help of all of you. Thanks also for your submission of recipes for the cookbook. All the books are gone and we hope everyone enjoys the great recipes that are in it and a walk down memory lane as well. We miss Susan Milne and thank her for all she did on the Committee.

Now that 2009 is here, we hope to continue doing activities and service that you will enjoy and that meets the needs of the sisters in our ward. Your input and suggestions are appreciated and welcomed. We will begin the Lunch Bunch again this month.. Please volunteer to host and pick the place and date, then sign up on the clip board in Relief Society

Manette Murri needs help at the Care Center while Audrey Haight recovers. The dates are Jan 14th and 28th, Feb 11th & 25th. If you can volunteer, call Andrea or Manette.

Volunteers are also needed to help at Draper Temple openhouse on Feb 4th and Feb 23rd. A sign up sheet is going around. Please help if you can.

There will be no Enrichment night in January.

Congratulations to Kila Lackey on her upcoming Marriage on January 10th. Kila will be moving to Twin Falls Idaho. We are so happy for her but we will all miss her. She has been a great asset to the ward. There will be an openhouse/reception at the church on Saturday Jan. 10th from 7 to 8:30pm. Please no gifts. This celebration is for adults only

YW / WM

We wish you all a very Happy new year and will look forward to the New Beginnings in FEBRUARY.

Activity nights are Jan 7-14-28th.

Snow Activity on Jan 24th. Saturday

TEMPLE DAY WILL BE IN CONNECTION WITH STAKE CONFERENCE.

The date is January 20th 6:00pm at Jordan River Temple
STAKE CONFERENCE WILL BE JANUARY 24TH, ADULT SESSION AT 7PM AND JANUARY 25TH GENERAL SESSION 10AM

We hope and pray for a speedy recovery for Audrey Haight who slipped on the ice and broke her pelvis. We miss you Audrey and hope you are feeling better and healing well.

FAMILY HISTORY

Classes will begin next week 1/7 or 1/8. They are designed so each lesson is self contained so you can go to any class you need. The goal is to get your current PAF files "cleaned up" so when the New family Search comes online, you will be ready. Any level of experience can benefit from classes

Morning classes are held Wednesdays 9:30-11:30 am at the Buttercup Family History Center. A list of classes is posted on the board outside the Relief Society Room. Classes last for 8 weeks. Linda Tischler is instructing.

Evening classes are held on Thurs. 7-9pm. Diana Olsen instructor.

If interested call 561-8804. Class is based on needs of those attending

Check your new Stake Directory for Family History Schedule. If you have any other needs call your ward LFIamily History Consultants, Merrill & Ronee Scott 571-4952

JANUARY BIRTHDAYS

HAPPY BIRTHDAY TO YOU

10 Mont Deming—Natalie Nielson-Riep
12 Manette MUrri—Zander Olsen—Audra Day
14 Kendon Riep—Zack Rigby
15 Chyrrrel Cook—Brenda Rodgers
16 Lynn Hall—Gwen Blomquist
17 Joyce Frederickson

18 Kirk Arnold
20 Warren Schmidt
21 James M. Anderson
22 Donna Strong
23 Kathleen Barnhart—Kenneth Milne
26 Spencer Bierman—Holly Miles
27 Marie-France IArnold
28 Tom Lake
29 Amanda Day

31 Lindsie Nielsen



NEWSLETTER ITEMS ARE DUE ON TUESDAY JANUARY 27TH. PLEASE E-MAIL THEM TO marilyn@toplinepromotions.com or call 571-2114. THANK YOU FOR YOUR HELP. SECRETARIES OF ALL ORGANIZATIONS PLEASE SEND YOUR INFO TO ME.

DRAPER TEMPLE OPENHOUSE FOR OUR WARD IS JANUARY 17TH AND 21ST. TICKETS ARE AVAILABLE FROM SCOTT WILLIAMS.



Willow Canyon 1st Ward Calendar

January 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 •New Years Day	2	3 •Stake Baptism •YM Basketball
4 •Fast Sunday •7:30 AM Missionary Preparation Class	5 •FHE	6	7 •YM/YW Activity Night	8 •Stake interviews by appointment •7:00 PM YW - Basketball (Buttercup) •7:30 PM Scouting Roundtable - Stake Center •7:30 PM Single Adult Study Group	9	10 •YM Basketball
11 •CES Fireside for Young Adults •3:00 PM Ward Missionary Correlation •4:15 PM Missionary correlation	12 •FHE	13	14 •YM/YW Activity Night	15 •Draper Temple Open House (15 Jan - 14 Mar) •Stake interviews by appointment •7:00 PM Men's Basketball (Stk Cntr) •7:00 PM YW - Basketball (Buttercup)	16	17 •YM Basketball •YW/YM Regional Dance •12:00 PM Draper Temple Open House for Stake (ticket req'd)
18 •7:30 AM Missionary Preparation Class •8:30 AM Ward Council Mtg.	19 •Martin Luther King, Jr. Day •FHE	20 •6:00 PM Stake Temple Day Jordan River Temple	21 •1:00 PM Dry pack canning •6:00 PM Draper Temple Open House for Stake (ticket req'd)	22 •Stake interviews by appointment •7:00 PM Men's Basketball (Stk Cntr) •7:00 PM YW - Basketball (Buttercup) •7:30 PM Single Adult Study Group	23	24 •YM Basketball •YM/YW Combined Activity - Snow Day •7:00 PM Stake Conference 1st General Session
25 •7:00 AM Stake Priesthood Leadership Mtg. •10:00 AM Stake Conference 2nd General Session •4:00 PM Youth Standards Night Fireside •4:15 PM Missionary correlation	26 •FHE	27	28 •YM/YW Activity Night •7:00 AM Murray Cannery - HP	29 •Stake interviews by appointment •7:00 PM Men's Basketball (Stk Cntr) •7:00 PM YW - Basketball (Buttercup)	30 •Scouting Klondike Derby	31 •Scouting Klondike Derby •Stake Baptism •YM Basketball •8:00 AM Emergency preparedness test



ELLEN'S KITCHEN

Back	Plan for 100	Wedding Dinner	Breakfast	Desserts & Teas	Appetizers	Cold Luncheon
Chili	Spaghetti	BBQ & brisket	Beverages	Sandwiches	Veggie trays	Fruit trays

Ellen's Kitchen Quick Look Chart Food quantities for 25, 50 AND 100 servings

FOOD QUANTITIES FOR 25, 50 AND 100 SERVINGS- Quick look			
Remember that 100 servings serve about 80-85 adults. To serve 100 adults, make about 120-125 servings.			
Food	25 Servings	50 Servings	100 Servings
Baked Beans	3/4 gallon	1 1/4 gallons	2 1/2 gallons
Bread, standard loaf	50 slices	100 slices	200 slices
2 slices	3 1/2 pounds	6 1/2 pounds	13 pounds
Butter, soft	1/2 pound	3/4 to 1 pound	1 1/2 pounds
Cake, sheet	1 10x12" sheet cake	1 12x20" sheet cake	2 12x20" sheet cakes
Cake, layer	1 1/2 10" layer cakes	3 10" layer cakes	6 10" layer cakes
Carrots	6 1/4 pounds	12 1/2 pounds	25 pounds
Cheese, 2 ounce serving	3 pounds	6 pounds	12 pounds
Chicken, bone in	13 pounds	25 to 35 pounds	50 to 75 pounds
Coffee	1/2 pound 1 1/2 gallons water	1 pound 3 gallons water	2 pounds 6 gallons water
Crackers	1 1/2 pounds	3 pounds	6 pounds
Fish, fillets or steaks	7 1/2 pounds	15 pounds	30 pounds
Fish, large whole	13 pounds	25 pounds	50 pounds
Fruit Cup (1/2 cup serving)	3 quarts	6 quarts	12 quarts
Hamburger	9 pounds	18 pounds	35 pounds
Hot Dogs	6 1/2 pounds	13 pounds	25 pounds
Ice Cream, brick	3 1/4 quarts	6 1/2 quarts	12 1/2 quarts
Ice Cream, bulk	2 1/4 quarts	4 1/2 quarts	9 quarts
Jams and Preserves	1 1/2 pounds	3 pounds	6 pounds
Jello Salad	3/4 gallon	1 1/4 gallons	2 1/2 gallons
Lemonade	10 to 15 lemons and 1 1/2 gallons water	20 to 30 lemons and 3 gallons water	40 to 60 lemons plus 6 gallons water
Lettuce (salads)	4 heads	8 heads	15 heads
Mashed Potatoes	9 pounds	18 to 20 pounds	25 to 35 pounds
Mayonnaise	1 cup	2 to 3 cups	4 to 6 cups
Potato Salad	4 1/4 quarts	2 1/4 gallons	4 1/2 gallons
Rice, uncooked	3-4 cups	7-8 cups	15-16 cups
Rolls	4 dozen	8 dozen	16 dozen
Salad Dressing, thin	1 pint	2 1/2 pints	1/2 gallon
Salad Dressing, thick	2 pints	2 quarts	3 1/2 quarts
Sandwich Filling (meat, eggs, fish salad)	1 1/2 quarts	2 1/2 to 3 quarts	5 to 6 quarts
Sandwich Filling (sweet cream cheese fruit)	1 quart	1 3/4 to 2 quarts	2 1/2 to 4 quarts
Scalloped Potatoes	4 1/2 quarts	8 1/2 quarts	17 quarts (4 1/4 gallons)
Soup	1 1/2 gallons	3 gallons	6 gallons
Spaghetti, cooked	1 1/4 gallons	2 1/2 gallons	5 gallons
Tea, hot	1/12 pounds and 1 1/2 gallons water	1/6 pound and 3 gallons water	1/3 pound and 6 gallons water
Tea, iced	1/6 pound and 1 1/2 gallons water	1/3 pound and 3 gallons water	2/3 pound and 6 gallons water
Tomatoes for salad garnish	3 to 5 pounds	7 to 10 pounds	14 to 20 pounds
Turkey, cooked, boneless roast	6 to 7 pounds	12 to 15 pounds	25 to 30 pounds
Turkey, cooked, whole	13 pounds	25 to 35 pounds	50 to 75 pounds
Vegetables, canned	1 #10 can	2 1/2 #10 cans	4 #10 cans
Watermelon	37 1/2 pounds	75 pounds	150 pounds
Whipping Cream	3/4 pint	1 1/2 to 2 pints	3 pints