

● ● ● CHOIR

Choir Practice is held every Sunday at 9:45 am in the Relief Society room. Everyone is welcome to join us in singing praises to the Lord. We are practicing for Ward Conference and for Easter.

● ● ● BIRTHDAYS

- 1st- Jim Hanson, Spencer Ellis, David Jones
- 2nd- Evan Ahlborn
- 3rd- Dresden Curtis, Doug Jensen
- 4th- Laura Woodhouse
- 5th- Jared Rigby, Taylee Johnson
- 6th- Margaret Moffitt
- 9th- Bob Shurtliff
- 14th- Bill Allen
- 15th- Matthew Miles
- 16th- Tamara Olsen
- 18th- Ronee Scott, Logan Curtis
- 19th- Sarah Jones
- 22nd- David Glauser
- 25th- Bob Frederickson
- 27th- Sallie Schmitt, Jana Tucker
- 28th- Debra Bierman, Alyssa Johnson
- 29th- Virginia Timmons, Carinne James, Asher James, Darren Pendleton

● ● ● MISSIONARIES

Elder Richard Rawlings
19 Clairedan Dr.
Powell, OH 43065

Elder Clayton Williams
Mexico Monterrey East Mission
POB 30150
Salt Lake City, UT 84130-0150

Elder Kenneth Milne
MTC Mailbox 205
PAR-ASUN 0926
2005 N. 900 E.
Provo, UT 84604-1793

● ● ● RECIPE OF THE MONTH

Homemade Macaroni and Cheese with Tomatoes (My kids LOVE this)

Serves 8 to 10

- Salt and pepper
- 1 pound elbow macaroni
- 1 (28-ounce) can petite diced tomatoes
- 6 tablespoons unsalted butter
- 1/2 cup all-purpose flour
- 1/4 teaspoon cayenne pepper
- 4 cups half-and-half
- 1 cup low-sodium chicken broth
- 4 cups shredded mild cheddar cheese
- 2 cups shredded sharp cheddar cheese

Instructions

- **1. COOK MACARONI** Adjust oven to middle position and heat oven to 400 degrees. Bring 4 quarts water to boil in large Dutch oven over high heat. Stir in 1 tablespoon salt and macaroni and cook until just al dente, about 6 minutes. Drain pasta and return to pot. Pour diced tomatoes with their juices over pasta and stir to coat. Cook over medium-high heat, stirring occasionally, until most of liquid is absorbed, about 5 minutes. Set aside.
- **2. MAKE SAUCE** Meanwhile, melt butter in medium saucepan over medium heat until foaming. Stir in flour and cayenne and cook until golden, about 1 minute. Slowly whisk in half-and-half and broth until smooth. Bring to boil, reduce heat to medium, and simmer, stirring occasionally, until mixture is slightly thickened, about 15 minutes. Off heat, whisk in cheeses, 1 teaspoon salt, and 1 teaspoon pepper until cheeses melt. Pour sauce over macaroni and stir to combine.
- **3. BAKE MACARONI AND CHEESE** Scrape mixture into 13 by 9-inch baking dish set in rimmed baking sheet and bake until top begins to brown, 15 to 20 minutes. Let sit for 10 to 15 minutes before serving.

WILLOW CANYON 1ST WARD MARCH 2012 NEWSLETTER

● ● ● BISHOPRIC MESSAGE

Log in to lds.org - no password required - and watch the powerful 8 minute video "The Savior suffers in Gethsemane." It is very powerful and gives a view of the suffering of the Savior that will help give you a different insight. When you finish watching this video, we recommend you click on all the video's offered just to the right of "The Savior suffers in Gethsemane". You will feel an incredible spirit as you view these. Our theme for April is Christ- Redemption/Repentance. We heard talks on this theme in our Ward Conference. As you watch this video you will see that repentance is not easy but worth it.

Elder Chirstofferson said in October 2011: Nehor appeared on the scene about 90 years before the birth of Christ. He taught "that all mankind should be saved at the last day, ... for the Lord had created all men, and had also redeemed all men; and, in the end, all men should have eternal life" (Alma 1:4).

About 15 years later, Korihor came among the Nephites preaching and amplifying the doctrine of Nehor. The Book of Mormon records that "he was Anti-Christ, for he began to preach unto the people against the prophecies ... concerning the coming of Christ" (Alma 30:6). Korihor's preaching was to the effect "that there could be no atonement made for the sins of men, but every man fared in this life according to the management of the creature; therefore every man prospered according to his genius, and that every man conquered according to his strength; and whatsoever a man did was no crime" (Alma 30:17). These false prophets and their followers "did not believe in the repentance of their sins" (Alma 15:15).

As in the days of Nehor and Korihor, we live in a time not long before the advent of Jesus Christ—in our case, the time of preparation for His Second Coming. And similarly, the

message of repentance is often not welcomed. Some profess that if there is a God, He makes no real demands upon us (see Alma 18:5). Others maintain that a loving God forgives all sin based on simple confession, or if there actually is a punishment for sin, "God will beat us with a few stripes, and at last we shall be saved in the kingdom of God" (2 Nephi 28:8). Others, with Korihor, deny the very existence of Christ and any such thing as sin. Their doctrine is that values, standards, and even truth are all relative. Thus, whatever one feels is right for him or her cannot be judged by others to be wrong or sinful.

On the surface such philosophies seem appealing because they give us license to indulge any appetite or desire without concern for consequences. By using the teachings of Nehor and Korihor, we can rationalize and justify anything. When prophets come crying repentance, it "throws cold water on the party." But in reality the prophetic call should be received with joy. Without repentance, there is no real progress or improvement in life. Pretending there is no sin does not lessen its burden and pain. Suffering for sin does not by itself change anything for the better. Only repentance leads to the sunlit uplands of a better life. And, of course, only through repentance do we gain access to the atoning grace of Jesus Christ and salvation. Repentance is a divine gift, and there should be a smile on our faces when we speak of it. It points us to freedom, confidence, and peace. Rather than interrupting the celebration, the gift of repentance is the cause for true celebration.

Elder Christofferson further states:

Repentance exists as an option only because of the Atonement of Jesus Christ. It is His infinite sacrifice that "bringeth about means unto men that they may have faith unto repentance" (Alma 34:15). Repentance is the necessary condition, and the grace of Christ is the power by which "mercy can satisfy the demands of justice" (Alma 34:16). Our witness is this: "We know that justification [or forgiveness of sins] through the grace of our Lord and Savior Jesus Christ is just and true; And we know also, that sanctification [or purification from the effects of sin] through the grace of our Lord and Savior Jesus Christ is just and true, to all those who love and serve God with all their might, minds, and strength" (D&C 20:30-31).

We would suggest you read this talk. If there is anything that you feel needs to be resolved in your life – to act on it quickly. You will want His peace and love fully in your life. It's spring, it's Easter – it is the perfect time to repent. His call to repentance is an expression of love.

● ● ● RELIEF SOCIETY

We are grateful for Laura Woodhouse who served as our Relief Society chorister. She has been called as the Primary chorister; we will miss her. We are excited and would like to welcome Charlene Farr as our Assistant Coordinator, and Deanna Nielsen as our Food Storage Coordinator. If you have any activities that you would like to do this year please let Nicole Miles know, we will try our best to do what we can for you if at all possible.

Our Birthday Brunch was a "Bit O'Heaven". It was held on St. Patrick's Day so we worked this holiday into our birthday party. Thank you to those who came and supported the **170th Birthday of the Relief Society**. Our guest speaker, Janeen Brady left us with a wonderful spirit and a commitment to have more positive music in our homes. A special thanks to our Activity committee, Kim, Charlene and others who did a marvelous job. The food and decorations made us all feel "Lucky to Belong to Relief Society".

"Privileges and Responsibilities of Sisters"

President Kimball's message was given at a special women's fireside held September 16, 1978 from the Tabernacle in Salt Lake City. These are but a few words that he gave that day.

The cultivation of Christ-like qualities is a demanding and relentless task—it is not for the seasonal worker or for those who will not stretch themselves, again and again.

Each of you sisters has the right and the responsibility to direct your own life. But be not deceived; you must also be responsible for your choices. This is an eternal principle. The law of the harvest is ever in evidence.

The Lord has never promised us that we will be free of problems and challenges. He has, however, promised that with faith we will have the strength to meet any eventuality in this life.

May you realize that in you is the control of your life and what you are going to be, what you are going to do. Remember that your choices may control to some extent others whose lives will be a

part of your life. Remember also that if you succeed, it isn't because of luck. Success comes from faith and work and prayer and from constant righteous effort. It is a question of agency—of what you choose to do with gifts of God—everything upon the earth, wherein there is life. This reverence for agency and life make us greatly concerned about the world in which we live today. It is a world beset with evil, with frustrations, with ugliness. It makes us realize that we must make a strong stand for the right or we may not stand at all. Being "anxiously engaged" in The Church of Jesus Christ of Latter-day Saints can provide for any of you in any circumstance some reasons to hope—even to be glad and certainly to be loved

● ● ● PRIMARY

Yearly Theme: Choose the Right

April Theme: Jesus Christ teaches me to Choose the Right

April Scripture: "For I have given you an example, that ye should do as I have done to you." (John 13:15)

Things seem to be always changing in Primary we can't express enough our gratitude to Barbara Pasker for being such a fantastic Music Leader in Primary. We are so grateful for her dedication and service. We were never short of amazed by her wonderful singing times. It wasn't just her dedication, but the love she had for these wonderful primary kids. We will miss her!

We also want to thank Chyrrel Cook for being a fantastic primary teacher. She is going to be missed by the little boys she has been serving this year. A thanks goes out to Joyce Frederickson who served so faithfully in the Nursery for several years. We are grateful to her for serving in that capacity.

● ● ● YOUNG WOMEN

April 4: Wii game night

April 11: Secret Grandma Craft Night

April 18: Family Feud/Stump the Bishop

April 25: Cake decorating

Futsal is on Thursdays at 7:00 at the Stake Center