

Indian Ridge Ward

December 2020 – Celebrate the Birth of Jesus

It is that special time of year again wherein we celebrate that most important event in the history of the world; the birth of our Saviour Jesus Christ.

It is a time to be with family, friends and other loved ones. This year will be different from any other in our experience due to the Pandemic and yet we can still be together through the internet, cell phones and social media.

It is a time when it can be easy to get caught up in the holiday traditions of the world; the shopping, the decorating, the food, the treats and the pressure to get it all accomplished before the 25th.

And yet what is and should be most important is remembering our Saviour and celebrating his sacred birth.

One of the truly great and awe-inspiring moments in all scriptures occurs on the night of the Saviour's birth as an angel of the Lord appears unto sheppards attending their flocks:

Luke Chapter 2, 9: And lo, the angel of the Lord came upon them and the glory of the Lord shone round about them: and they were sore afraid.

10: And the angel said unto them, Fear not: for behold, I bring you good tidings of great joy which shall be to all people.

11: For unto you is born this day in the city of David a Saviour, which is Christ the Lord.

And then in Verse 13: And suddenly there was with the angel a multitude of the heavenly hosts praising God and saying,

14: Glory to God in the highest, and on earth peace, good will toward men.

It is our prayer that each of you enjoy this season and that our ward family will remember what this holiday is truly about.



We love you all,
The Bishopric

**Since we can't gather as a ward to celebrate together,
we are hosting a small drive-through activity.**

**Tuesday, December 8, the bishopric will be
in the church parking lot from 7pm to 8pm.**

**We will have a small handout for each vehicle that drives
through. We hope to see you!**

**We will also be accepting optional donations from those
that wish to donate to either of two causes.**

1. The Utah Food Bank.

**Checks made out to the Utah Food Bank are highly preferred,
followed by cash.**

They can do more with our money than we can.

2. Ward Sub-For-Santa.

**Walmart gift cards are preferred
(please write the amount on the card in sharpie).**

**These will be distributed to families in our ward
by the bishopric within the week
so that recipients have time to use them before Christmas.**

Donations are entirely optional!



Relief Society

Third in our Mental Health Series - **Humble Yourself and Ask for Help**

None of us were meant to make it through this mortal journey on our own. Even if you're self-reliant, connection with others is essential to caring for your mental and emotional needs. And we have parents, other family members, friends, Church leaders, and our Heavenly Father, Jesus Christ, and the Holy Ghost to guide, direct, and help us on our way. Take a moment to review your current social network. Ask yourself:

- * Do you have healthy relationships with others?
- * Could you use more support from others?
- * Do you push people away? Or are you able to ask for help when you need it?

Most of the time, to help others, we need to know if they are struggling. Don't be afraid, ashamed, or reluctant to seek help when you need it, whether it's confiding in someone about your anxieties or even asking someone for help. It definitely takes courage and humility to admit you need help. But Heavenly Father often blesses us through others as we let them in and allow them to be there for us. True emotional self-reliance begins by knowing our limits and seeking help outside of ourselves to fill in the gaps. Apart from friends and family, your Church leaders may also offer you counsel, guidance, and hope when you're in need. If you could benefit from professional counseling or medical assistance to get your mental health to a healthy place, your bishop can also refer you to qualified therapists. As you know all too well, we live in challenging times. But we also live in the best of times because of the restored gospel of Jesus Christ! We have knowledge of the plan of salvation and so many tools that can help give us joy, hope, and peace no matter our circumstances. And if we utilize those tools, they will help us make it back to our Heavenly Father.

Our desire in sharing this mental health topic is to realize that we all need to begin where we are at, none of us are perfect. We all have goals to improve on. We hope that each day of doing small steps we will feel that joy that comes by doing the best we can.

We extend our condolences to Donna and John Strong at the passing of Ellen, John's mother. We were lucky to have her living in our ward for a while.

We love you! Thank you for being loving sisters and the amazing work you do for each other.

All our love, Susan, Chyrrel, Keesha, & Marilynn

Young Men

We are going to hold Young Men's activities twice a month.
For ward members who would like any help
from our awesome Young Men,
please contact Greg Miles at gregmiles192@gmail.com



Young Women

Upcoming Activity: Tuesday Dec. 15 Delivering Widows' Baskets

Last month we invited the Young Women to record what they were thankful for in a journal, and to our pleasant surprise, our Prophet President Russell M. Nelson invited us all to share what we are grateful for on our social media #GiveThanks. We hope that through your efforts and heeding the words of the Prophet you felt joy and peace. As a way to keep that joy and peace in our lives and share it with our brothers and sisters throughout the world, our Prophet has invited us to share the Light of Christ with the #LightTheWorld prompts. Here is his invite:

“On November 20, I offered a message and prayer of gratitude for the world and everyone in it. I am grateful and humbled that you would join in thanking God for His countless blessings to each of us.

“I urge you to make expressing gratitude to God a part of your daily life. An attitude of gratitude gives us better perspective and more peace of mind and heart.

“I hope you will also continue to pray daily to our Heavenly Father. We are His children, and He loves us with the care of a tender parent.”

Now, as we enter the Christmas season and celebrate the living Christ, one of the most powerful ways we can show our gratitude is by serving His children. Let us follow His example to “Light the World” by loving and serving others, one by one. #GiveThanks #LightTheWorld

Love, Young Women's Presidency

Primary

An Exciting Announcement from your Primary Presidency:

It is the most wonderful time of year! We are so excited to announce that our Primary will be doing a virtual Christmas program over zoom on December 20th at 11:00 a.m. The Sunday School organization has kindly loaned us part of their zoom hour on that Sunday.

Parents, we hope that you have already received the program via email. You were asked to email a video clip of your child reading their parts. If you haven't been able to do that yet, please do so and email it to **indianridgeprimary@gmail.com** by December 8th. This time frame will allow sufficient time for all of the editing that will go into this program. Please let the Primary Presidency know if you have any questions! Merry Christmas!!

Activity Suggestion: Speaking Kind Words

"Let Us Oft Speak Kind Words" (Hymns #232) This hymn teaches us the joys and rewards of speaking kindly. Talk with your children about what happens when unkind words have been spoken. What happens to the person they are spoken to or about? What happens to the person who speaks the unkind words? Help the children make the connection that it is impossible to gather back unkind words and gossip once the words have been said. And usually, some of the unkindness sticks to the person who says the unkind things.

We love you and pray for you,
Linda, Kathleen, Shelly and Barbara

December Birthdays:

Have a most exciting birthday!

Share a smile with someone new.

Say a kind word to your neighbor;

Let him know a happy you.

(Children's Songbook #284b)

Mackenzie Glauser - December 4

Levi Taylor - December 12

Scarlett North - December 11

Emerson Werrett - December 28



Russ Messerly - 801-792-4826,
Gina Messerly - 801-300-6529
Oriana Reyes - 385-445-3194

For Family History help please contact any of the Temple and Family History Consultants. We would be willing to come to your home or have you at ours to help you learn how to find your ancestors, and do the sacred temple work for them.

They are waiting for your efforts to help them progress.

Full-time Missionaries in our area



Elder Cody Wilson



Elder Hyrum Harlow



Elder Sean Alder



Elder Jarrad Acosta



Elder Bryan Jensen

Their phone number is:
385-246-4105

Their Email addresses are:
500352728@missionary.org
cody.wilson@missionary.org
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Missionaries



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5 Cold Hill Road, Suite 10
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Elder Matthew Miles
Washington DC South
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5242 Lyngate Court
Burke, VA 22015

matthew.miles@missionary.org



Sister Amber Weight

Texas, Lubbock Mission
(Spanish speaking)

amber.weight@missionary.org



Sister Alexia Anderson

Japan Tokyo South
Mission

alexia.anderson@missionary.org

Happy Birthday!

December 2020

- 1 Joel Weight
Barbara Wightman
- 2 Luc West
Shonna Zahony
- 4 Mackenzie Glauser
Matthew Miller
- 5 Jeanene Clayton
Richard Crusier
Allyn Thompson
Savannah Underwood
- 8 Steven Peterson
- 10 Amanda Messerly
Hannah North
- 11 Scarlett North
Marie West
- 12 Levi Taylor
- 13 Dale Hanson
- 16 Alan Harris
- 18 Dorothy Mahler
- 20 Kristine Bennett
- 22 Malene Baarz
- 23 Amber Williams
- 24 Liam Ellis
- 26 Lynn Jensen
- 29 Nick Taylor
- 30 Scott Williams
- 31 Bob Thompson



January 2021

- 1 Clare Zitzelsberger
- 6 Sherry Moore
Sheri Mortensen