

# Indian Ridge Ward

November 2020 – Choose to Find Happiness

A few years ago, we held a family reunion wherein 30 of us rode the Amtrak train from Utah to Colorado. As trains do, they had various stops along the way. Some travelers get on and occasionally some hopped off. At the conclusion of our 6-hour train ride we arrived at our destination—Glenwood Springs (imagine a small Park City mixed with a mini Moab). We had a great three days.

Recently I've realized and acknowledged to myself that sometimes people hop off the gospel train for a moment or for much longer. It's hard to see. We want all our family and friends to stay on the train all the time to the very end. Certainly we continue hoping and praying for them... and also for us. It is helpful to acknowledge the hurt, do our best to deal with the situation, and then breathe deep and remember that "life is meant to be enjoyed, not just endured."

As we journey through mortal life, it is filled with peaks and valleys, calming meadows and crazy volcanic eruptions, and lots of ordinary and simple moments in between. We can embrace all of it.

Marjorie Pay Hinckley said:

"I don't want to drive up to the pearly gates in a shiny sports car, wearing beautifully, tailored clothes, my hair expertly coiffed, and with long, perfectly manicured fingernails. I want to drive up in a station wagon that has mud on the wheels from taking kids to scout camp. I want to be there with a smudge of peanut butter on my shirt from making sandwiches for a sick neighbor's children. I want to be there with a little dirt under my fingernails from helping to weed someone's garden. I want to be there with children's sticky kisses on my cheeks and the tears of a friend on my shoulder. I want the Lord to know I was really here and that I really lived."

Heavenly Father lives and loves you. Let's love our neighbors, love ourselves, love our family and then choose to find happiness and peace throughout our mortal life. "Come unto me...and ye shall find rest unto your souls." (Matthew 11)

Love, The Bishopric

Join us for our

# “Be a Good Neighbor” Service Project

We will rake leaves  
around the neighborhood,  
enjoying the fresh air, giving service,  
socializing (at a distance) with our  
Ward friends and families,  
and having **FUN!!**

(in case of bad weather we will postpone for a week)

**Bring the whole family**  
Meet at the church parking lot  
at 10 a.m.

**Saturday,  
November 7th**

to receive your house assignments



## Relief Society

This month we are continuing our thoughts from “A Three-Step Guide to Maintaining Your Health” by Michael Gardner, PhD. One of the three areas of focus he suggested we examine and practice in our life is:

### **Don't Underestimate the Power of Small and Simple Spiritual Things**

"Those small spiritual things you can do each day to draw closer to Heavenly Father pack a lot more power in helping you maintain your mental health than you might think (see Alma 37:6–7). Spiritual habits don't necessarily make our challenges go away, but they do give us the strength, mental clarity, eternal perspective, hope, and courage to move forward.

I often tell clients to do the “dailies.” These include meaningful daily prayer, daily scripture study, serving in our Church callings or responsibilities, attending church weekly and going to the temple often, and striving to follow the promptings of the Holy Ghost.”

The small things often help us handle the big things in life. As we are navigating through this crazy and unpredictable year, falling back on those “dailies” that Gardner refers to are going to keep us grounded. We encourage you to do those little things of prayer, scripture study, and attending our weekly services and watch for the blessings and power that can come our way.

This quote from Elder Holland's most recent General Conference talk comes to mind: “He who never sleeps nor slumbers cares for the happiness and ultimate exaltation of His children above all else that a divine being has to do.” As a presidency, we pray each of you know the love Heavenly Father has for you and your well-being. When you are practicing your faith and showing your ability to do the small and simple things the Lord is there and ready to help you along the way.

All our Love, Susan, Chyrrel, Keesha & Marilyn



## Young Men

We are going to hold Young Men's activities twice a month.  
For ward members who would like any help  
from our awesome Young Men,  
please contact Greg Miles at [gregmiles192@gmail.com](mailto:gregmiles192@gmail.com)



## Young Women

What a joy it has been to see and talk to each of you as we have  
started to come back to church and activities.

Although we still have some limitations on our gatherings,  
we hope you see the Lord's hand  
as He relieves our burdens by and by.

As November is the month of Thanksgiving,  
we encourage you to make a special effort in recognizing  
the Lord's hand in your life and record it.

As we do this, we can look back and remember the love  
and tender mercies our Heavenly Father blesses us with.  
Giving us hope and faith that He will continue to do so,  
even when our trials seem too hard to bear.

"Count your many blessings, name them one by one,  
count your many blessings, see what God hath done."

Much Love, The YW Presidency

# Primary

## A note from your Primary Presidency:

Boys and Girls, we miss you and our Primary classes so much. During Primary, we spend some time reviewing the Articles of Faith. Do you remember that Joseph Smith wrote the Articles of Faith as a way to summarize the gospel of Jesus Christ? This month we are going to include the Articles of Faith in the newsletter, and challenge you to read and review them. This could be a good activity for your entire family.

## Activity Suggestion: The Articles of Faith

- 1 We believe in God, the Eternal Father, and in His Son, Jesus Christ, and in the Holy Ghost.**
- 2 We believe that men will be punished for their own sins, and not for Adam's transgression.**
- 3 We believe that through the Atonement of Christ, all mankind may be saved, by obedience to the laws and ordinances of the Gospel.**
- 4 We believe that the first principles and ordinances of the Gospel are: first, Faith in the Lord Jesus Christ; second, Repentance; third, Baptism by immersion for the remission of sins; fourth, Laying on of hands for the gift of the Holy Ghost.**
- 5 We believe that a man must be called of God, by prophecy, and by the laying on of hands by those who are in authority, to preach the Gospel and administer in the ordinances thereof.**
- 6 We believe in the same organization that existed in the Primitive Church, namely, apostles, prophets, pastors, teachers, evangelists, and so forth.**
- 7 We believe in the gift of tongues, prophecy, revelation, visions, healing, interpretation of tongues, and so forth.**
- 8 We believe the Bible to be the word of God as far as it is translated correctly; we also believe the Book of Mormon to be the word of God.**
- 9 We believe all that God has revealed, all that He does now reveal, and we believe that He will yet reveal many great and important things pertaining to the Kingdom of God.**

**10 We believe in the literal gathering of Israel and in the restoration of the Ten Tribes; that Zion (the New Jerusalem) will be built upon the American continent; that Christ will reign personally upon the earth; and, that the earth will be renewed and receive its paradisiacal glory.**

**11 We claim the privilege of worshiping Almighty God according to the dictates of our own conscience, and allow all men the same privilege, let them worship how, where, or what they may.**

**12 We believe in being subject to kings, presidents, rulers, and magistrates, in obeying, honoring, and sustaining the law.**

**13 We believe in being honest, true, chaste, benevolent, virtuous, and in doing good to all men; indeed, we may say that we follow the admonition of Paul – We believe all things, we hope all things, we have endured many things, and hope to be able to endure all things. If there is anything virtuous, lovely, or of good report or praiseworthy, we seek after these things.**

**-- Joseph Smith.**

We love you and pray for you.  
Linda, Kathleen, Shelly and Barbara

### November Birthdays:

**Have a very happy birthday  
Filled with sunshine everywhere!  
May the year bring joy and gladness  
And the love of friends who care. (Children's Songbook #284B)**

Hannah Allred	November 1
Brooke Edmonds	November 1
Paxton Mirci	November 12
Liam Uriel Flores	November 13
Zinedine Motti	November 21





Russ Messerly - 801-792-4826,  
Gina Messerly - 801-300-6529  
Oriana Reyes - 385-445-3194

For Family History help please contact any of the Temple and Family History Consultants. We would be willing to come to your home or have you at ours to help you learn how to find your ancestors, and do the sacred temple work for them.

*They are waiting for your efforts to help them progress.*

## Full-time Missionaries in our area



**Elder Cody Wilson**



**Elder Hyrum Harlow**

Their phone number is:  
**385-246-4105**



**Elder Jarrad Acosta**



**Elder Bryan Jensen**

Their Email addresses are:  
500352728@missionary.org  
cody.wilson@missionary.org  
hyrum.harlow@missionary.org  
jarrad.acosta@missionary.org  
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## Missionaries



**Elder Chandler David  
Glauser**  
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**Elder Matthew Thomas  
Miles**  
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Mission  
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**Sister Amber Weight**  
Texas, Lubbock Mission (Spanish speaking)

**Sister Alexia Anderson**  
Japan Tokyo South Mission

### Ward Mission Leader:

**Steven Edmonds**  
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### Ward Missionaries:

**Robert and Carrie Burnett**  
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**Gary and Susan Johnson**  
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**Mike Christensen**  
[Mike53mnc@gmail.com](mailto:Mike53mnc@gmail.com) 801-856-5007

## Happy Birthday!

### November 2020

- 1 Hannah Allred  
Mazie Allred  
Brooke Edmonds
- 2 Richard Haight
- 3 Judith Arlt
- 5 John Allred  
Debra Hawkins  
John Mahler  
Ava Jane Pickering
- 6 Shirley Clark
- 7 Kathleen Harris
- 9 Bonnie Ellis
- 10 Sherilyn Rex
- 11 Charles Schmitt
- 12 Paxton Mirci
- 13 Jerry Cen  
Liam Flores  
Kari Williams
- 14 Isaac Miles  
Elizabeth Rawlings  
John Scott
- 16 Morgan Miller  
Annette Webster
- 17 Barbara Kinsley
- 19 Shannon Curtis
- 21 Zinedine Mouti
- 22 Mandy Munteer
- 24 Juliette Bradley
- 25 Shanon Bludworth
- 28 Lillian Allred  
Carol Huckabee
- 29 Robert Burnett  
Brooklyn Glauser
- 30 Tracy Huck  
Jack Nydegger

### December 2020

- 1 Joel Weight  
Barbara Wightman
- 2 Luc West  
Shonna Zahony
- 4 Mackenzie Glauser  
Matthew Miller
- 5 Jeanene Clayton  
Richard Crusier  
Allyn Thompson  
Savannah Underwood

