

January 2024 - Hope

With the coming of a new year we have an opportunity to begin again with a fresh start and a clean slate.

A wondrous occasion in which we can resolve to leave behind the regrets of the past and

to leave behind the regrets of the past and look with eager expectations on a brighter future.

For many, however, this positive outlook may not come as easily as it does for others. For some, it may be difficult to see the light at the end of the tunnel as they struggle under the load of a host of trials. If you find yourself in such a situation do not allow yourself to give in to despair. Remember, there is always hope.

Hope can provide an unexpected source of strength to help us wade through the mire of our troubles and come out stronger on the other side. In the words of the poet, 'In the midst of winter, I found there was within me, an invincible summer. And that makes me happy.

For it says that no matter how hard the world pushes against me, within me, there's something stronger - something better, pushing right back.' (Albert Camus).

What then is the source of this great hope? It comes from Jesus Christ. Sister Cheiko Okazaki once said, 'Hope is one of the three great Christian virtues because Christ Himself is the master of life and therefore the master of hope.'

All of us can draw upon this unconquerable tenacity offered to us through our Savior Jesus Christ. We invite all to seek Jesus and the brightness of hope that he freely gives us.

Conference Talk: 'Raised in Hope' by Cheiko Okazaki, October 1996.

Relief Society

Happy New Year sisters!

"Making resolutions is motivated by hope and expectations for what we hope to achieve going forward." Mariana Stongin, Psy.D. also stated, "With a new year comes a 'sense of renewal.' That makes us think about what we want to improve or change."

What a more timely opportunity to take on President Nelson's challenge to "Think Celestial" than at the beginning of a new year, if you haven't already done so. What are ways we can begin this process? It will be different for each of us but here are some ideas (some taken from President Uchtdorf's talk Oct. 2012):

- 1. See yourself purposely living each day as the Savior did. He gave those around Him the precious gift of His time. Love others as the Savior loves you.
- 2. Be a living example of the restored gospel, being faithful to our sacred covenants i.e. living a virtuous life, paying our tithes and offerings, keeping the Word of Wisdom, serving those in need, scripture study, and engaging in wholesome family activities. Discipleship is the pursuit of holiness and happiness. Heavenly Father wants each one of us to be happy in this life. Resolve to find happiness regardless of our circumstances. "Many of the deepest regrets of tomorrow can be prevented by following the Savior today."
- 3. Forgive those who have hurt you. I have found within myself that when you don't forgive, it only festers in your heart and you are the one who ends up hurting yourself in the long run. Also remember to forgive yourself for your shortcomings.
- 4. Take care of yourself. If you don't, how can you care for others? Fill your cup so you can fill others.
- 5. Don't be discouraged by failures. "Failure is not falling down but refusing to get up. So dust yourself down, pick yourself up and start again."

The path toward fulfilling our divine destiny as sons and daughters of God is an eternal one. Begin walking that eternal path today. Think Celestial on your path to eternal life. Begin each day with the end in mind. Remember – every journey begins with the first step. As you think Celestial, you will look at your daily tasks and challenges in a new light and take a different approach in handling them.

Wishing you all the best of everything in the new year ahead. We love you sisters, and appreciate all that you do.

We want to thank everyone who helped out in one way or another for our Relief Society Christmas dinner as well as the ward Christmas dinner last month. Both committees did a wonderful job for successful and fun evenings.

Love, Kristen, Margie, Deanna, Marilynn

Young Men

Tuesday, January 9 - Movie Night - 7 p.m.

Tuesday, January 16 - Combined YM/YW Activity - Planning YM/YW combined activities for the year - meet at the church at 7 p.m.

Tuesday, January 23 - Learning to cook - 7 p.m.

Tuesday, January 30 - Combined YM/YW Activity - Baptisms for the dead at the Jordan River Temple. Meet at the church at 6:50 p.m. so we can leave at 7 p.m.



Jan 9: YW Planning Meeting @ Beth Hirschi's home *Come with ideas in the 4 areas of the Children & Youth Program!

Sun, Jan 14: New Beginnings -Welcome our new YW and introduce our 2024 Theme For All YW and Their Parents - Watch for your invites for more details

Jan 16: Combined YM/YW Planning Meeting
*Come with ideas in the 4 areas of the Children & Youth Program!
We will be having a Waffle Bar

Sun, Jan 21: Scripture Brunch at Jenn Johnson's House, Following Stake Conference 12:30 am

Jan 23: 2024 Kick Off - Goal Setting @ Keesha's home

Sun, Jan 28: Worldwide Youth Broadcast: Discussing Discipleship *More details to come

Jan 30: Combined YM/YW - Baptisms for the dead @ Jordan River Temple Meet at the Church by 6:50 *We will be leaving at 7:00 pm

Jan 14: 1 Nephi 1-5

Jan 20-21: Stake Conference

Jan 28: 1 Nephi 11-15

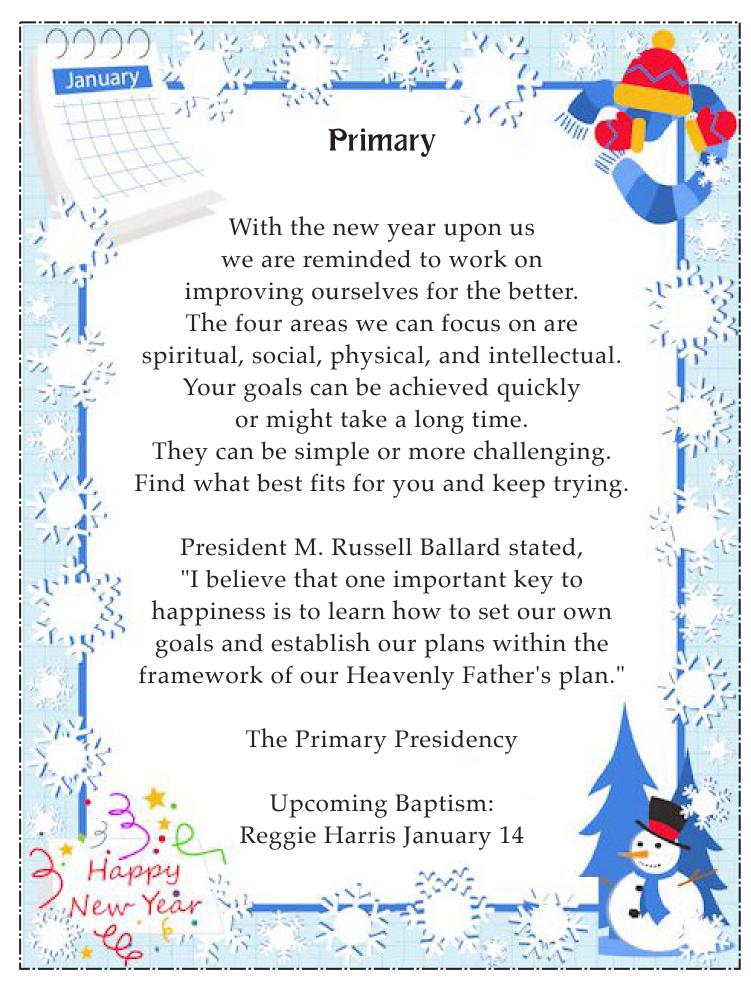
BIRTHDAYS:

Jan 1: Clare Zitzelsberger Jan 6: Jada Lewis Jan 12: Kenna Bludworth



I AM A DISCIPLE OF JESUS CHRIST.

3 Nephi 5.13





For Family History help please contact any of the Temple and Family History Consultants. We would be willing to come to your home or have you at ours to help you learn how to find your ancestors, and do the sacred temple work for them.

They are waiting for your efforts to help them progress.

Ward Temple and Family History Consultants

Richard Hackett - 801-759-2299 hackett@byu.net

Russ Messerly - 801-792-4826 russmesserly@gmail.com

Gina Messerly - 801-300-6529 ginamesserly@msn.com

Oriana Reyes - 385-445-3194 orian@byu.net



************** Ward Mission Leader Doug Milne dosu7@hotmail.com 801-664-6713 Ward Missionaries Mike Christensen - 801-856-5007 Mike53mnc@gmail.com **Jerry Farr** - 801-220-2204 jerrykfarr@gmail.com **Justin Metcalf** - 801-971-7048 ilikepurpleyogurt@gmail.com Heidi Metcalf - 801-558-9734 Raspberrie22@gmail.com **Church-Service Missionaries** Todd and Georgann Lloyd talloyd84@gmail.com 801-870-9000 georgann1432@gmail.com 801-870-9002 **** together another Names and Faces file like this sample that can be found in our ward

To help our "new" and "old" ward members get to know each other's names, we have put

history website:

indianridgewardhistory. com/historical information/ward members 2024

Most of the photos were taken from LDS Tools. If a photo of you is not included, and you would like it to be, please email

one to the ward historian/newsletter specialist at dbmahler@velvetshadow.com

Happy Birthday!

January 2024

- 1 Clare Zitzelsberger
- 4 Nancy Fletcher John Slauson
- 6 Jada Lewis
- 11 Tyson Hirschi
- 12 Kennedy Bludworth Manette Murri
- 13 Rosemary De Haan
- 14 Reginald Harris Wendy Peterson
- 15 Chyrrel Cook **Dustin Kramer** Brenda Rodgers
- 16 Sylvie Brimley
- 17 Roger Morrill
- 18 Troy Hirschi **Bobbie Thorne**
- 19 Danielle Ellis
- 20 Warren Schmidt Jed Skeen
- 21 Luke Hauber Ruth Nielsen
- 22 Donna Strong
- 23 Tessa Ellis
- 25 Jaimie Dake Remy Kramer
- 26 Jordan Capener
- 30 Elijah Bludworth Lavar Campbell

February 2024

- 1 Gary Brough Diana Edmonds Mia Stone
- 2 Will Bradburn
- 3 Jay Nielsen
- 4 Remington Wilson

