

June 2024 - Allowing Christ to Change our Heart

The ability to forgive is not always easy and it can take time. Things are said that cause harm or hurt.

The actions of others can be upsetting. As a result, we may ask ourselves, "How can I forgive those that have hurt me?" One way is to allow the Savior into our heart, to allow Him to give us the strength we need to see the other side and find compassion towards those that may have hurt us. We must remember what the Lord taught Joseph Smith in D&C 122:8-9 while the Prophet was a prisoner in Liberty Jail, "The Son of Man hath descended below them all. Art thou greater than he?

Fear not what man can do, for God shall be with you forever and ever."

Jesus Christ knows each of us individually.

He understands the pain and suffering we feel. As we allow Him to change our heart, we will be able to see others as the Savior sees them.

Elder Dieter F. Uchtdorf taught, "Forgiving ourselves and others is not easy. In fact, for most of us it requires a major change in our attitude and way of thinking – even a change of heart. But there is good news. his "mighty change" of heart is exactly what the gospel of Jesus Christ is design

This "mighty change" of heart is exactly what the gospel of Jesus Christ is designed to bring into our lives. The more we allow the love of God to govern our minds and emotions – the more we allow our love for our Heavenly Father to swell within our hearts – the easier it is to love others with the pure love of Christ. As we open our hearts to the glowing dawn of the love of God, the darkness and cold of animosity and envy will eventually fade."

In Ephesians 4:32 we read, "And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you."

None of us are perfect. May each of us strive to be better at loving one another, forgiving one another, and correcting those words or actions that may have caused hurt to others.

Let us follow the example and faith of Enos, "My faith began to be unshaken in the Lord; and I prayed unto him with many long strugglings for my brethren, the Lamanites. And it came to pass that after I had prayed and labored with all diligence, the Lord said unto me: I will grant unto thee according to thy desires, because of thy faith." (Enos 1:11-12)

Pray with faith and know that Christ can and will change you.

Love as the Savior does and let Him into our hearts.

General Conference Message – "The Merciful Obtain Mercy" – President Dieter F. Uchtdorf – April 2012

## **Elders Quorum**

#### **Announcements**

EQ Basketball: Every Tuesday at 9 pm at our building - Come and invite your friends!

### Ward Temple Night Info

Friday June 21, 2024 7:30 p.m. (Arrive by 7:00 p.m.) Draper Utah Temple Endowments



"Spending more time in the temple builds faith. And your service and worship in the temple will help you to think celestial. The temple is a place of revelation. There you are shown how to progress toward a celestial life. There you are drawn closer to the Savior and given greater access to His power. There you are guided in solving the problems in your life, even your most perplexing problems."

### Elder's Lesson Schedule

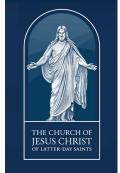
6/9 - All Things for Our Good - Gerrit W. Gong

6/23 - MIracles, Angels, and Priesthood Power - Shayne M. Bowen

### **Spiritual Thought**

There have been and will be times in your daily life, when you may find yourself in a situation where the spirit will prompt you to share your testimony. Our hope and prayer is that no matter how eloquent you are with words, how inadequate you may feel, or how "simple" you may think your testimony is, that you will heed those promptings.

President Brigham Young recalled his experience when he first received a witness of the truthfulness of the gospel from a man's simple testimony.



From this experience he said, "If all the talent, tact, wisdom, and refinement of the world had been combined in one individual, and that person had been sent to me with the Book of Mormon, and had declared in the most exalted of earthly eloquence, the truth of it, undertaking to prove it by his learning and worldly wisdom, it would have been to me like the smoke which arises only to vanish. But when I saw a man without eloquence, or talents for public speaking, who could only just say, 'I know by the power of the Holy Ghost that the Book of Mormon is true, that Joseph Smith is a prophet of the Lord,' [the] Holy Ghost proceeding from that individual illuminate[d] my understanding, and light, glory, and immortality [were] before me."

Elders Quorum Presidency Trevor Hirschi - Jim Christensen - Tyler Thornton - Chad Austin



## **Relief Society**

## **Upcoming Relief Society Lessons**

June 9 All Things for our Good

Gerrit W. Wong

June 23 Miracles, Angels, and Priesthood Power

Shayne M Bowen

July 14 Faithful to the End

Andrea Munoz

### Come Follow Me

June 10-16 Alma 5-7

June 17-23 Alma 8-12

June 24-30 Alma 13-16



June 9 Ministering Interviews after 2nd hour

une 26 Paint Night at 7 p.m.





For anyone currently residing in an unincorporated island inside Sandy City boundaries there will be a town hall meeting to discuss the process of annexation into Sandy City. This is an opportunity to learn about a recent decision by the Utah legislature that impacts everyone living in unincorporated areas.

## Town Hall Meeting

Date: June 10, 2024

Time: 6:00 p.m.

Location: Sandy City Hall,

3rd Floor Multi-purpose Room



## Young Men

**Tuesday, June 11 -** Young Men Activity - 7 p.m.

**Tuesday, June 18 -** Self Defense (YM/YW Combined) - 7 p.m.

**Tuesday, June 25 -** Stake Youth Dance for those turning 14 this year and older. There will also be a separate Stake activity for youth turning 12-13 this year. More details to come.

**Thursday, June 27 - Saturday, June 29 -** Young Men's Camp @ Wallsburg Recreation Camp

Tuesday, July 2 - Hike



# young women

## **ACTIVITIES:**

June 4: Baptisms for the Dead @ Oquirrh Mountain Temple at NOON

Meet at Sister Johnson's house at 11:15 am

Sun, June 9: Scripture Brunch at Jenn Johnson's House, Following Church (about 12:45 pm

June 11: Camp Prep+S'mores at Keesha's 7:00 pm

June 18: Combined YM/YW - Self Defense class

June 25: Stake Combine YM/YW Activity

14+older - Dance / 14-younger - Games



## LESSONS:

June 9: Mosiah 29-Alma 4 June 23: Alma 8-12 June 30: 5th Sunday Combined YM/YW, Adults



5th • Emma Alfaro

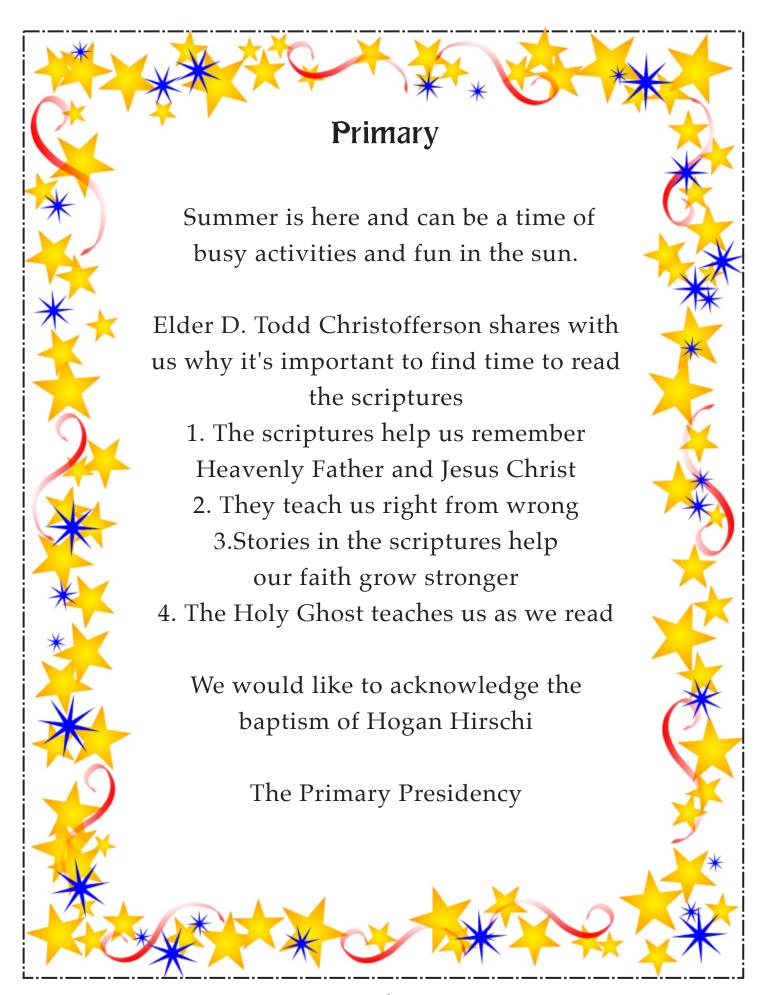
26th • Chloe

28th • Jenn

President Nelson's invitation
to celebrate his upcoming 100th birthday:
Reach out to "the one"



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## Important dates regarding the elections:

June 11-21 Early in-person voting – Government Center

June 14th Last day to register to voter for the Regular Primary Election

June 14th Last day to request a by-mail ballot

June 18-21 Early in-person voting – satellite locations

June 24th Ballot postmark deadline June 25th Regular Primary Election

Oct 15th General Election by-mail ballots mailed to voters

Oct 22-Nov 1 General Election in-person voting - Government Center

Oct 25th General Election last day to register for the general election

Oct 29-Nov 1 General Election early in-person voting – satellite locations

Oct 29th General Election Last day to request a by-mail ballot

Nov 4th General Election ballot postmark deadline

Nov 5th Regular General Election



For Family History help please contact any of the Temple and Family History Consultants. We would be willing to come to your home or have you at ours to help you learn how to find your ancestors, and do the sacred temple work for them.

They are waiting for your efforts to help them progress.

# Ward Temple and Family History Consultants

**Richard Hackett** - 801-759-2299

hackett@byu.net

**Russ Messerly** - 801-792-4826

russmesserly@gmail.com

**Gina Messerly -** 801-300-6529

ginamesserly@msn.com

Oriana Reyes - 385-445-3194

orian@byu.net

## Ward Mission Leader Doug Milne dosu7@hotmail.com 801-664-6713 Ward Missionaries Mike Christensen - 801-856-5007 Mike53mnc@gmail.com **Jerry Farr** - 801-220-2204 jerrykfarr@gmail.com **Justin Metcalf** - 801-971-7048 ilikepurpleyogurt@gmail.com **Heidi Metcalf** - 801-558-9734 Raspberrie22@gmail.com **Church-Service Missionaries** Todd and Georgann Lloyd talloyd84@gmail.com 801-870-9000 georgann1432@gmail.com 801-870-9002 Ronee Scott rscot4952@gmail.com 801-553-8212 **Full-time Missionaries** Hannah North Brazil Sao Paulo West Mission R Dr Rui Batista Pereira, 165 Caxingui 05517-080 Sao Paulo - SP - Brazil **Holly Miles** California Santa Rosa Mission 8301 Badger Road Santa Rosa, CA 95409 **Daphne Mounteer** (begins July 8) Japan Fukuoka Mission Erika Weight Soon to receive her mission call

## Happy Birthday!

## June 2024

- 2 Liahni Chandler
- 4 David Heron Tara Sperry Shawn Swensen
- 5 Emma Alfaro Bailey Thornton
- 6 Gina Messerly
- 10 Kim Lesher Connor Lorence
- 11 Kaleigh Glauser Kessley Johnson Tyler Thornton
- 12 Dallas Fullmer Deanna Nielsen Parker Stone Shawna Zitzelsbrger
- 16 Elizabeth Fullmer
- 17 Belinda Wang
- 19 Dana Lorence Jack Thompson
- 21 Craig Roberts
- 23 Shelly Glauser
- 26 Chloe Glauser Linda Hackett NathanWilson
- 27 Mary Ann Ebmeyer
- 28 Connie Baker Gary Johnson Jennifer Johnson Tanner Murphy
- 29 Anna Hirschi

## **July 2024**

- 2 Sawyer Glauser Benjamin Lewis
- 3 Nora Bradburn
- 7 Laura Bartholomew Jaxtyn Pago

